

THURSDAY

1:00 – 8pm	Registration Open
1:45 – 2:45	Open AI-Anon Meeting
3:00 – 4:00	1 st Step Workshop
4:15 – 5:15	2 nd Step Workshop
5:15 – 7:30	Dinner (Aspen Dining Hall)
8:00 – 9:30	Speaker Meeting: Abby H. (AA) Salida CO.
10:00 – 10:45	Campfire Meeting

SUNDAY

7:00 – 7:45	11 th Step/Meditation Meeting
7:00 – 9:00	Breakfast (Aspen Dining Hall)
8:00 – 9:00	Open AI-Anon Meeting
9:00 – 10:00	Conscience of the Conference All are encouraged to attend and offer feedback
10:15 – Noon	Speaker Meeting: Sarah I. (AA) Pennsylvania

FRIDAY

7:00 – 7:45	11 th Step/Meditation Meeting
7:00 – 9:00	Breakfast (Aspen Dining Hall)
8am – 8pm	Registration Open
8:00 – 9:00	3 rd Step Workshop
9:15 – 10:15	4 th and 5 th Steps Workshop
10:30 – 11:30	Open AI-Anon Meeting
11:30 – 1:30	Lunch - POTLUCK Picnic fellowship
1:15 - 2:15	History of FOTS - Assembly Hall
2:30 – 3:30	6th and 7th Steps Workshop
3:45- 4:45	8th and 9th Steps Workshop
5:00 – 7:30	<i>Dinner (Aspen Dining Hall)</i>
8:00 – 9:30	Speaker Meeting: Angie B. (AI-Anon) Destin, FL
9:45 – 10:45	Game Night
9:45 – 10:45	11 th Step/Meditation Meeting Sound Bath(Bring a yoga mat)

SATURDAY

7:00 – 7:45	11 th Step/Meditation Meeting
7:00 – 9:00	Breakfast (Aspen Dining Hall)
8:00 – 9:00	10 th Step Workshop
9am – 7pm	Registration Open
9:15 – 11:15	Flag Ceremony & Speaker Meeting: Jack S (AA) Gillette, WY
11:30 – 1:30	Lunch (Aspen Dining Hall)
1:45 – 2:45	11 th Step Workshop
3:00 – 4:00	12 th Step Workshop
4:15 – 5:15	Open AI-Anon Meeting
5:30 – 7:00	Fellowship Trail Ridge BBQ Dinner Advance tickets required
7:45 – 9:45	Recovery Countdown and Speaker Meeting: Ralph W. (AA) California
Following the Speaker	Ice Cream Social Advance tickets required for ice cream
10:00 – 11:00	11 th Step/Meditation Meeting Breath work(Bring a yoga mat)

WHERE TO BE

AA & Al-Anon Literature	West Foyer
Breakfast, Lunch, Dinner	Aspen Dining Hall (Meals are available through the YMCA, separate from FOTS registration)
Campfire Meeting	Main Fire Ring
Fellowship Trail Ridge BBQ	Assembly Hall A
FOTS Archives	West Foyer
FOTS Merchandise	West Foyer
Game Night	Assembly Hall B & C
Ice Cream Social	Assembly Hall A
11 th Step/Meditation Meeting	Longs Peak Diamond Hall
Open Al-Anon Meetings	Longs Peak Diamond Hall
Registration	West Foyer
Smile God Loves You Merchandise	Assembly Hall B & C
Workshops and Speakers	Assembly Hall B & C

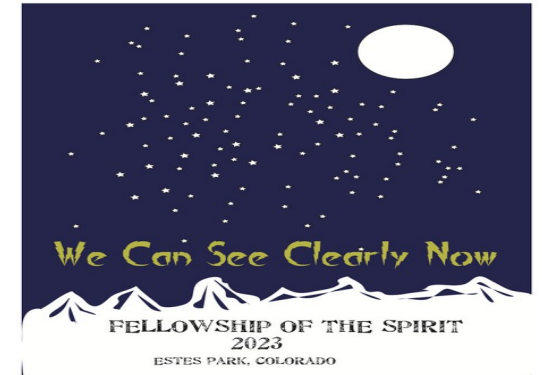
Registration is required to attend any part of the Conference. Please wear your badge to all FOTS events!

Locations:

Assembly Hall: Main meeting space where the workshops and speaker meetings will be held. Located adjacent to the Auditorium.

Administration Building: Located in the middle of the YMCA campus. YMCA lodging check-in are in this building.

Aspen Dining Room: Located below Auditorium. All YMCA meals are served here.



Jul 27- Jul 30, 2023, • Estes Park, Colorado

“...Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

***May God bless you and keep you—until then.”
—Alcoholics Anonymous***

We welcome you as we gather again in the beautiful mountains of Colorado! We look forward to greeting old friends and meeting new ones.

We invite you to participate in the Welcome to FOTS Meet & Greet on Friday night. And we always invite you to participate in an attitude of service during our long weekend together. There are many ways to be of service and volunteer your time; stop by the registration table if you need help.

In love and service, The 2023 FOTS Conference Committee