

THURSDAY

Noon – 8pm	Registration Open - <i>Sweet</i>
1:45 - 2:45	Open Al-Anon/AA Meetings
2:45 - 3:00	Welcome
3:00 - 4:00	1 st Step Workshop
4:15 - 5:15	2 nd Step Workshop
5:00 - 7:30	Dinner (YMCA) <i>Aspen Dining</i>
7:15 - 7:45	Meet & Greet pt I <i>Front Deck</i>
8:00 – 9:30	Speaker Meeting: Kristen M. Salida, CO
10:00 – 10:45	Campfire Meeting

SUNDAY

6:00 - 7:00	Yoga
7:00 - 7:30	Prayer and Meditation
7:00 – 9:00	Breakfast (YMCA)
7:15 - 8:15	Open Al-Anon / AA Meetings <i>Auditorium / Granite Pass</i>
8:30 – 10:00	Conscience of the Conference <i>All are welcome & encouraged to attend - Auditorium</i>
10:15 – Noon	Speaker Meeting: Belinda F. Lafayette, LA

FRIDAY

6:00 - 7:00	Yoga
7:00 - 7:30	Prayer and Meditation
7:00 – 9:00	Breakfast (YMCA) <i>Aspen</i>
8am – 8pm	Registration Open - <i>Sweet</i>
9:00 – 10:00	3 rd Step Workshop
10:15 - 11:30	4 th and 5 th Step Workshop
11:30 - 1:30	Lunch (YMCA)
11:30 – 2:30	Potluck picnic / Outdoor games / <i>Front Deck</i>
1:30 – 2:30	Open Al-Anon / AA Meetings
2:45 - 3:45	6 th and 7 th Step Workshop
4:00 - 5:00	8 th and 9 th Step Workshop
5:00 - 7:30	Dinner (YMCA) <i>Aspen Dining</i>
5:15 - 6:00	Meet & Greet part II <i>Front Deck</i>
5:15 - 6:15	Sound Journey Meditation
7:30 – 9:00	Speaker Meeting: Jennifer C. Denver, CO
Following the Speaker	Ice Cream Social <i>*Advance tickets required for ice cream</i>

SATURDAY

6:00 - 7:00	Yoga <i>Diamond E & W in Longs Peak</i>
7:00 - 7:30	Prayer and Meditation
7:00 – 9:00	Breakfast (YMCA)
8:00 - 9:00	10 th Step Workshop
8am – 7pm	Registration Open - <i>Sweet</i>
9:15 – 11:15	Flag Ceremony & Speaker Meeting: Sheldon F. Las Vegas, NV
11:30 - 12:00	Sound Meditation
11:30 - 1:30	Lunch (YMCA)
1:45 - 2:45	11 th Step Workshop
3:00 - 4:00	12 th Step Workshop
4:15 - 5:15	Open Al-Anon / AA Meetings <i>Longs Peak Diamond East & West</i>
5:00 - 7:30	Dinner (YMCA)
6:00– 7:30	Fellowship BBQ Dinner Assembly Hall C <i>*Advance tickets required</i>
7:45 – 9:45	Recovery Countdown and Speaker Meeting: Ali H. Toronto, ON

WHERE TO BE

AA & Al-Anon Literature	Sweet Room
Breakfast, Lunch, Dinner	YMCA Aspen Dining <i>(Meals are available through the YMCA, separate from FOTS registration)</i>
Family Room	Hobbs Room
Campfire Meeting	<i>To be announced</i>
Fellowship Banquet	Assembly Hall C
FOTS Archives	West Foyer
FOTS Merchandise	Sweet Room
Ice Cream Social * \$10 ticket required for ice cream	Front Deck
Open Al-Anon Meetings	Diamond E & W Room in Longs Peak Lodge
Open AA meetings	Granite Pass Room in Longs Peak Lodge
Picnic & Game Day	Front Deck/ Ball Field
Yoga / Prayer /Meditation /Sound Meditation	Diamond E & W Room in Longs Peak Lodge
Registration	Sweet Room
Smile God Loves You Merchandise	Bilheimer & Dodge Room
Workshops and Speakers	Auditorium

Registration is required to attend any part of the Conference. Please wear your badge to all FOTS events!

Open Al-Anon meeting topics:

Thursday - Hand in hand with the Spirit of the Universe (p. 75)

Friday - We aren't a glum lot (p. 132)

Saturday - Tradition 6

Sunday - An experience you must not miss (p. 89)



July 25th -28th 2024 • Estes Park, CO

“...Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

May God bless you and keep you—until then.” *Alcoholics Anonymous*

Our FOTS family has been growing steadily over the years. We once again welcome you as we gather together in the beautiful mountains of Colorado. We look forward to greeting old friends and meeting new ones.

We invite all to participate in an attitude of service. There are many ways to volunteer your time over the weekend, if you'd like. Stop by the Registration table to sign up.

In love and service,
The 2024 FOTS Conference Committee

